



Pinebrook Family Answers

SOLUTIONS FOR GENERATIONS



2022-2023 **ANNUAL REPORT**



Changing Lives, Strengthening Families, Improving our Community

The year is slowing down into the chill of fall, and we're lucky to reflect on all we've accomplished in the past fiscal year. The transition between seasons often brings up reflections around change for me. Change is always present in our lives. Sometimes, we're excited for change: we landed a new job, or we take the next big step in a relationship. Other times, change can be a powerfully stressful force. When people in our community are especially vulnerable to the effects of harmful change — losing a job, an unexpected medical bill, the loss of a family member — they need extra support from those around them.

Here at Pinebrook Family Answers, we make it our mission to offer stability in many forms for individuals and families. It's what drives us and gets us out of bed in the morning.

We are so proud to bring you our annual report, and to highlight some of the ways we've truly changed lives, strengthened families, and overall improved our incredible community.

Our strong community and nonprofit partners work with us to ensure each individual and family has everything they need to thrive. The team works to provide each client with the skills, tools and resilience needed to grow.

I wish you and yours the best fall and winter seasons. Thank you for your continued support of Pinebrook Family Answers and our mission.



William B. Vogler, Ph.D.
Chief Executive Officer



MISSION STATEMENT

Pinebrook Family Answers nurtures and empowers children, adults and families by providing mental health services and community-based programs throughout the Greater Lehigh Valley. We do this through initiatives that promote safety and diversity, mitigate the impact of trauma, and facilitate self-sufficiency while connecting people with community partners.

HOW JOSH OVERCAME SEVERE SOCIAL ANXIETY THROUGH *Positive Activities*

Josh struggled with severe anxiety and frequent panic attacks that made it difficult for him to function in social settings and engage in everyday activities. He withdrew into himself and spent much of his time alone, missing life experiences.

Josh came up with the idea to start writing down positive activities he did each week in a journal. This was meant to help counteract his severe anxiety by focusing his thoughts on the good things he was able to accomplish. When Josh first started writing in his journal, he only had a few positive activities to document each week. These included things like taking a short walk outside or having a phone call with a family member. Though these were small achievements for most people, for Josh they represented major progress.

Over time, he was able to add increased items to his weekly lists. After several months, Josh was recording over 10 positive activities per week. Josh has experienced a noticeable improvement in his social interactions.

“I absolutely love the person I’ve become,” says Josh.

By starting small with a simple journal of positive activities, Josh was able to slowly transform his life. He went from isolating himself and having frequent anxiety attacks to engaging in conversation, making eye contact, and enjoying social interactions.

WHAT OUR CLIENTS ARE SAYING ...

“The coaching and support provided by The Family Reunification Program at Pinebrook has given me the confidence and skills to care for my family.”

Serina, Placement Transition Services client

Thank you to Brown & Brown for their support and for underwriting the 2022-2023 Annual Report.



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FROM PROBATION TO GRADUATION: *Savannah's Journey*

Savannah entered Pinebrook's Alternative Learning Program Helping Adolescents (ALPHA) program as a teenager in her final year of high school. After being released to juvenile probation, Savannah preferred not to return to a regular classroom setting. ALPHA provided the right learning community and resources to empower Savannah's success. Savannah could work at her own pace outside of a traditional classroom. This personalized approach enabled Savannah to focus on completing her diploma requirements in a setting tailored to her unique circumstances.

Though leaving high school was a difficult transition, Savannah courageously sought an educational path better suited to empower her future goals and aspirations. Her self-advocacy and initiative to find the right learning environment for her needs demonstrates Savannah's resilience and determination to succeed.

Over the course of the program, Savannah successfully completed three elective credits through the credit recovery curriculum. This included both online and in-person learning components tailored to Savannah's learning style and academic goals.

Completing these elective credits through the alternative education program allowed Savannah to fulfill her high school graduation requirements. The program gave her a second chance to finish high school after a difficult period in her life. Savannah's success in the program demonstrates the value of providing customized pathways to help at-risk students obtain their diplomas.

Savannah is enthusiastic about the next chapter in her life as she sets her sights on becoming a nurse. She plans to enroll in a nursing program to pursue this goal. With her diploma in hand and eyes set on new horizons, Savannah feels confident and capable of achieving her nursing dreams.



WHAT OUR CLIENTS ARE SAYING ...

"The team at UCC helped me to understand Branden's behavior and developed trauma informed strategies to manage. My son's behavior is improving."

Thomas, Father of Unconditional Child Care client



WHAT OUR CLIENTS ARE SAYING ...

"Tom set up an Easter egg hunt for his caseworker by using the Easter gifts he got from school. It was such an amazing time as Tom enjoyed watching and laughing while his caseworker attempted to locate all the eggs."

Eva, Kinship Parent



MEANT TO BE:

Shane and his Sisters

In March of 2020, Shane was placed with the Repasch family, who had previously adopted his three maternal half-sisters. Mrs. Repasch describes that initial meeting, saying “We knew right away that Shane was meant to join our family.” Though Shane came into the Repasch home later than his sisters, their bond was instant. Having his sisters there made the transition easier on Shane and gave him a sense of familiarity and home during a major life change.

Though Shane faced special needs and challenges, the Repasch made sure Shane had every opportunity to reach his full potential. Their dedication gave Shane the nurturing foundation he needed to thrive. They never let Shane feel limited by his disabilities.

The Repaschs understood that keeping Shane with his sisters would provide comfort, familiarity, and a sense of belonging. Their selflessness and dedication to preserving Shane’s biological connections allowed him to thrive in a stable environment surrounded by

siblings who loved him. Shane’s relationship with his sisters is incredibly special.

It was clear that the Repaschs intended to make Shane a permanent part of the family. On June 20, 2023, after a three-year journey, the adoption was finalized. The Repaschs became Shane’s forever family, officially and legally.

The selfless commitment of Mr. and Mrs. Repasch to welcome Shane into their home and family not only gave him the nurturing environment he needed, but also preserved his critical familial bonds with his sisters.



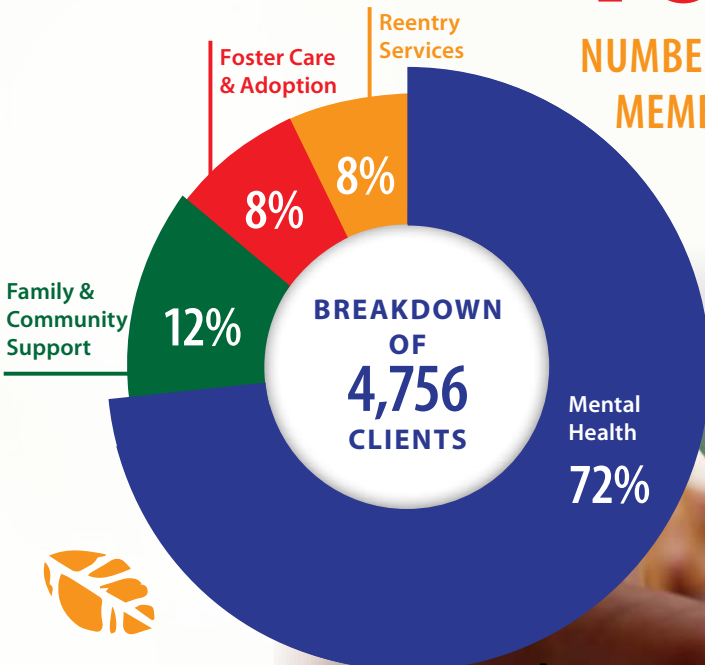
A WIDER IMPACT

Pinebrook Family Answers Programs have a significant and positive effect on the lives of not only our **4,756 clients** but also those close to our clients. An additional **11,947 family and household members** were impacted because of our services, a total number of 16,703.

2022-2023 IMPACT

16,703

NUMBER OF COMMUNITY MEMBERS IMPACTED



The Police Department Community Intervention Specialists serving Allentown and Lehigh County worked with 710 individuals to prevent unnecessary jail, prison, and hospital stays; to reduce recidivism and to support recovery, for the benefit of the individual, their loved ones, and the community.

95% of children in the Unconditional Child Care Program maintained their childcare placement.

13 adoption clients were welcomed into their forever families.

Making the Grade: 96% of students decreased suspensions/infractions.



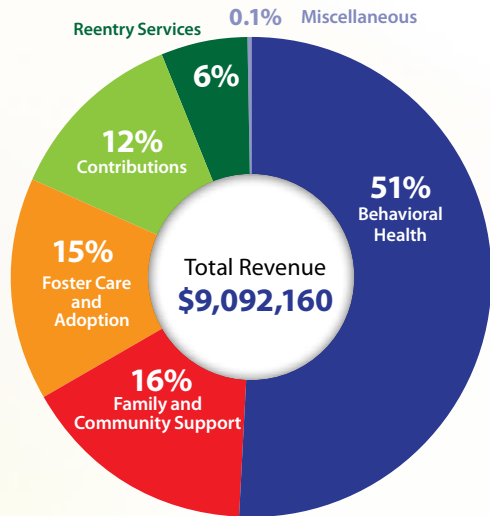
24 interns gained practical experience under the guidance of Pinebrook Family Answers Field Supervisors.

90% of the discharged High Fidelity Wraparound youth were maintained or successfully reintegrated into their family homes by teaching them how to plan and meet their own needs, utilizing their own strengths.

Students receiving Integrated Behavioral Health in their school showed significant improvement in symptoms over the school year.

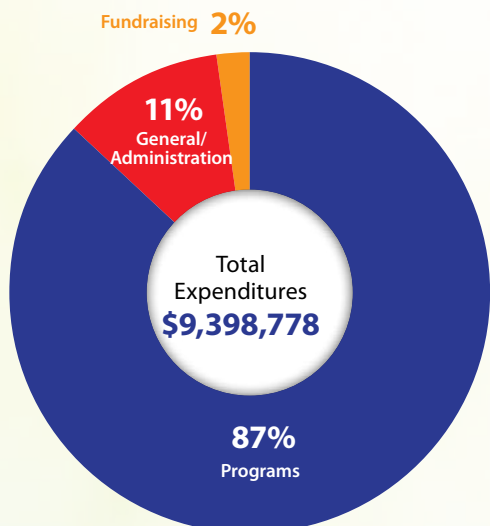
FINANCIALS 2022-2023

REVENUE



| | | |
|------------------------------------|--------------------|-----|
| Behavioral Health | \$4,662,213 | 51% |
| Family and Community Support | \$1,434,354 | 16% |
| Foster Care and Adoption | \$1,329,412 | 15% |
| Contributions | \$1,096,519 | 12% |
| Reentry Services | \$561,840 | 6% |
| Miscellaneous | \$7,822 | .1% |
| Revenues Total | \$9,092,778 | |

EXPENDITURES



| | | |
|---------------------------------|--------------------|-----|
| Programs | \$8,149,103 | 87% |
| General/Administration | \$1,062,812 | 11% |
| Fundraising | \$186,863 | 2% |
| Expenditures Total | \$9,398,778 | |

FOUNDATION & CORPORATE SUPPORT

ACI

Air Products

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The Dexter F. and Dorothy H. Baker Foundation

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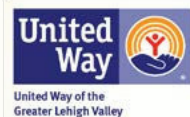
Thrivent Financial for Lutherans Foundation

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United Way of the Greater Lehigh Valley

Vanguard Cleaning Services of Northeast PA



We are a partner agency of the United Way of the Greater Lehigh Valley.

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Pinebrook Family Answers has once again been nationally accredited by the Council on Accreditation (COA) through November of 2027. This recognition is a testament to our unwavering commitment to providing the highest quality services to our community. The COA accreditation validates our dedication to best practices, continuous improvement, and achieving measurable results. We are proud of this achievement and look forward to continuing our mission of serving families with the utmost professionalism and care.

Pinebrook Family Answers is licensed by the Commonwealth of PA, Department of Human Services.

A copy of the official registration and financial information for Pinebrook Family Answers may be obtained from the Pennsylvania Department of State by calling, toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. Pinebrook Family Answers is classified by the U.S. Internal Revenue Services (IRS) as a 501(c)(3) organization, TID: 23-2112204.



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WHAT OUR CLIENTS ARE SAYING ABOUT PINEBROOK FAMILY ANSWERS ...



"The work I've done in therapy has been life changing. I feel empowered, like I'm finally in control and can shape my life and home the way I want."
Mary, Outpatient Counseling client

"Counseling helped me find clarity, incorporate self-regulation skills, and make intentional choices during stress and anxiety."
Barry, Outpatient Counseling client

"I've learned not to project fault for situations onto other people."
Christopher, Family-Based Mental Health Services client

www.PbFALV.org

